



# EMERGENCY ACTION PLAN



<b>Club Name:</b>	Abbots Youth Football Club
<b>Pitch Address:</b>	Futures Academy Watford Access from: St. Michael's Catholic High School High Elms Lane Watford
<b>Postcode:</b>	WD25 0SS
<b>Coordinates:</b>	Lat: 51.7013997 Long: -0.42261851
<b>what3words</b>	///mute.plant.recent

## FIRST AID EQUIPMENT AND FACILITIES

Item	Location
<b>Defibrillator</b>	St. Michael's Catholic High School, High Elms Lane, Garston, Watford WD25 0SS Also at Future Academies Watford, Horseshoe Lane, Watford, WD25 7HW
<b>Stretcher</b>	n/a
<b>First Aid Room</b>	n/a

## ACCESS ROUTES

<b>For Ambulance</b>	High Elms Lane
<b>From Pitch to Ambulance</b>	Access from path through gate

## OTHER INFORMATION

<b>Nearest A&amp;E / Trauma Hospital:</b>	Watford General Hospital Vicarage Road Watford WD18 0HB 01923 217758 or 01923 217842
<b>Fastest Route to A&amp;E / Trauma Hospital:</b>	<ul style="list-style-type: none"><li>- A405 towards St. Albans</li><li>- M1 South to junction 5 – take A41 exit to Watford</li><li>- take the 3rd exit onto Stephenson Way/A4008</li><li>- keep left to stay on Stephenson Way/A4008</li><li>- keep left to continue towards Waterfields Way/A411</li><li>- turn right onto Dalton Way/A411</li><li>- left onto Thomas Sawyer Way</li></ul>
<b>Distance &amp; Journey Time:</b>	6.4 miles approx. 14 mins
<b>Alternative Trauma Hospital:</b>	Northwick Park Hospital, HA1 3UJ 020 8864 3232

## FIRST AIDERS / HELPER INFORMATION

Name	Mobile Number
For queries about this EAP:	
Gordon Wilson, Welfare Officer	07931 541535

**See AYFC coach for first aider on day of match**