

EMERGENCY ACTION PLAN



Club Name:	Abbots Youth Football Club	
Club Address:	Manor House Sports & Social Centre	
	Gallows Hill Lane	
	Abbots Langley	
	Hertfordshire	
Postcode:	WD5 0DD	
Coordinates:	Lat: 51.70301146	
	Long: -0.42261851	
what3words	///amber.export.scrap	

FIRST AID EQUIPMENT AND FACILITIES			
Item	Location		
Defibrillator	Manor House Sports & Social Centre, Gallows Hill Lane, Abbots Langley, WD5 0DD		
Stretcher	n/a		
First Aid Room	n/a		

ACCESS ROUTES				
For Ambulance	Access from car park off Gallows Hill Lane			
From Pitch to Ambulance	Immediately accessible			

OTHER INFORMATION				
Nearest A&E / Trauma	Watford General Hospital			
Hospital:	Vicarage Road			
-	Watford			
	WD18 0HB 01923 217758 or 01923 217842			
Fastest Route to A&E /	- Turn R onto Gallows Hill Road			
Trauma Hospital:	- Turn L onto Gallows Hill			
_	- Turn right onto Hunton Bridge Hill			
	- At the roundabout, take the 1st exit onto Old Mill Rd			
	- Turn left onto Watford Rd/A41			
	- At the roundabout, take 2nd exit onto Hempstead Rd/A411			
	- At the roundabout, take 3rd exit onto the A412 slip road to Rickmansworth			
	- Merge onto Rickmansworth Rd/A412			
	- Turn left onto A4178			
	- Turn right onto Thomas Sawyer Way			
Distance & Journey Time:	6.4 miles approx. 14 mins			
Alternative Trauma	Northwick Park Hospital, HA1 3UJ			
Hospital:	020 8864 3232			

FIRST AIDERS / HELPER INFORMATION				
Name	Mobile Number			
For queries about this EAP:				
Gordon Wilson, Welfare Officer	07931 541535			
See AYFC coach for first aider on day of match				